

LCL CROSS COUNTRY SERIES 2008/9 ; RACE 2/5 ; LLISWERRY 16th NOV 2008**MENS RACE RESULT :**

Race position	Number	LAST NAME	First Name	Team	Category	category position
1	338	HARRY,	Chris	Lliswerry	M4044	1
2	512	HARVEY	Kyle	Fairwater	M1839	1
3	327	HUMPHRIES,	Dave	Lliswerry	M1839	2
4	521	HUMPHRIES	Laurence	Fairwater	M1839	3
5	304	HARRIS,	Dave	Lliswerry	M1839	4
6	71	KING	Jim	Caerleon	M1839	5
7	678	VORRÉS	Dimitri	Griffithstown	M4549	1
8	121	WARD	Pete	Chepstow	M1839	6
9	178	TEED	Ivan	Chepstow	M1839	7
10	207	LEWIS,	Simon	Parc Bryn Bach	M4044	2
11	522	LEWIS,	Grant	Fairwater	M1839	8
12	421	HARRIS	Steven	Chepstow	M1839	9
13	221	FROST	David	Parc Bryn Bach	M4044	3
14	144	WRIGHT	John	Chepstow	M1839	10
15	540	WILLIAMS,	Alun	Fairwater	M4549	2
16	348	SMITH,	Lee	Lliswerry	M4044	4
17	519	GREY	Keith	Fairwater	M5054	1
18	211	MILES,	Phillip	Parc Bryn Bach	M5559	1
19	741	JOHNSTONE,	Richard	Islwyn	M1839	11
20	514	MORGAN	Chris	Fairwater	M4044	5
21	217	RAINBIRD,	Dereck	Parc Bryn Bach	M5054	2
22	176	SCOTT	Paul	Chepstow	M4044	6
23	193	BLORE	James	Chepstow	M1839	12
24	237	HEWARD	Damian	Parc Bryn Bach	M1839	13
25	218	REES,	Colin	Parc Bryn Bach	M4549	3
26	65	THURGOOD	Mike	Caerleon	M4044	7
27	143	MALARZ,	Luke	Chepstow	M1839	14
28	317	DAY,	Paul	Lliswerry	M5559	2
29	506	SPENCER,	Andrew	Fairwater	M4549	4
30	659	GORMLEY	Gerard	Griffithstown	M4044	8
31	671	RODGER	Peter	Griffithstown	M5054	3
32	177	AKERS	Stuart	Chepstow	M1839	15
33	2	MASON,	Howard	Caerleon	M4044	9
34	509	LLOYD	Richard	Fairwater	M1839	16
35	322	MONGER	Paul	Lliswerry	M1839	17
36	318	REESE,	Tim	Lliswerry	M4549	5
37	230	CHAMMINGS	Martin	Parc Bryn Bach	M1839	18
38	186	CREBER,	Andy	Chepstow	M5054	4
39	163	STOTT,	Andy	Chepstow	M4549	6
40	680	WATERS	Phillip	Griffithstown	M5054	5

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Race position	Number	LAST NAME	First Name	Team	Category	category position
41	238	SMOUT	David	Parc Bryn Bach	M5559	3
42	689	WELSH	Matt	Griffithstown	M1839	19
43	158	SAVAGE,	Bill	Chepstow	M5559	4
44	508	FRY,	Mark	Fairwater	M4549	7
45	315	DURSLEY,	Paul	Lliswerry	M5559	5
46	335	PRINGLE,	Nick	Lliswerry	M4549	8
47	679	WALSH	Nick	Griffithstown	M1839	20
48	691	JONES	Brian	Griffithstown	M4549	9
49	198	MCENTEE,	Kevin	Chepstow	M5054	6
50	724	WEHDEN	Kim	Islwyn	M4549	10
51	541	WILLIAMS,	John	Fairwater	M4044	10
52	419	SMITH	Mike	Chepstow	M5054	7
53	661	GUY	Thomas	Griffithstown	M1839	21
54	213	MONK,	Bernie	Parc Bryn Bach	M6099	1
55	535	PRICE,	Tyrone	Fairwater	M4044	11
56	101	ASHTON,	Gerry	Chepstow	M5054	8
57	23	DAVEY	Sean	Caerleon	M1839	22
58	510	WILLIAMS	Michael	Fairwater	M1839	23
59	235	SNOWDEN	Lawrence	Parc Bryn Bach	M4044	12
60	500	ANSTICE,	Paul	Fairwater	M4549	11
61	313	DAVIES,	Chris	Lliswerry	M5054	9
62	200	COOKSEY,	Clive	Parc Bryn Bach	M6099	2
63	675	ROBERTS	Peter	Griffithstown	M5054	10
64	524	THOMAS	Richard	Fairwater	M1839	24
65	307	CHIPPER,	Neil	Lliswerry	M4549	12
66	105	BAYLISS,	Geoff	Chepstow	M6099	3
67	336	BURGESS	Bryn	Lliswerry	M5054	11
68	119	FINCH,	Dick	Chepstow	M6099	4
69	788	BARRINGTON	Gareth	Islwyn	M1839	25
70	113	PROSSER,	Colin	Chepstow	M4549	13
71	126	CRAM,	Geoff	Chepstow	M6099	5
72	108	BRAY,	Andy	Chepstow	M5054	12
73	1	TAYLOR,	Andrew	Caerleon	M5054	13
74	777	DIXON	Colin	Islwyn	M5559	6
75	784	SELDON	Gary	Islwyn	M1839	26
76	780	PAYTON,	Peter	Islwyn	M5559	7

LCL CROSS COUNTRY SERIES 2008/9 ; RACE 2/5 ; LLISWERRY 16th NOV 2008**LADIES RACE RESULT :**

Race position	Number	LAST NAME	First Name	Team	Category	category position
1	351	BEGUE	Nadia	Lliswerry	F1834	1
2	413	FRANCIS,	Liz	Chepstow	F4549	1
3	422	MULLIGAN	Sam	Chepstow	F1834	2
4	605	DAVIES	Julie	Griffithstown	F3539	1
5	305	CHIPPER,	Sandra	Lliswerry	F3539	2
6	138	POLLARD	Jo	Chepstow	F1834	3
7	418	SUMMERS	Louise	Chepstow	F4044	1
8	608	WOODS	Sharon	Griffithstown	F4549	2
9	102	ASHTON,	Sue	Chepstow	F5054	1
10	552	COCKRAM	Deb	Fairwater	F4044	2
11	124	MORGAN,	Niki	Chepstow	F4044	3
12	162	STOTT	Gill	Chepstow	F5054	2
13	57	SCRIVENS,	Alison	Caerleon	F4044	4
14	185	DUFFIELD,	Helen	Chepstow	F3539	3
15	129	MORRIS,	Jan	Chepstow	F4044	5
16	93	REES	Sian	Caerleon	F1834	4
17	209	EVANS,	AnneMarie	Parc Bryn Bach	F3539	4
18	603	WOODBRIIDGE	Daniela	Griffithstown	F3539	5
19	20	HOWELL,	Kim	Caerleon	F5054	3
20	420	GRIFFITH	Sian	Chepstow	F1834	5
21	76	DUNLOP	Shona	Caerleon	F1834	6
22	515	JENKINS,	Jeanette	Fairwater	F4549	3
23	612	RICHARDS	Janet	Griffithstown	F4044	6
24	502	ROCHE,	Julie	Fairwater	F4044	7
25	19	HOWELLS,	Gwyn	Caerleon	F5559	1
26	104	BAYLISS,	Jayne	Chepstow	F5559	2
27	740	BIRCH,	Coleene	Islwyn	F3539	6
28	734	TREHARNE	Ruth	Islwyn	F4044	8
29	234	DAVIES	Rosemary	Parc Bryn Bach	F4549	4
30	632	REES	Wendy	Griffithstown	F4549	5
31	355	SHEEDY	Alison	Lliswerry	F1834	7
32	331	COOK	Michelle	Lliswerry	F4044	9
33	783	RICHARDSON	Pat	Islwyn	F5559	3
34	340	TIPPING	Angela	Lliswerry	F1834	8
35	312	DAVIES,	Julia	Lliswerry	F5054	4
36	533	MORGAN,	Julie	Fairwater	F3539	7

MENS TEAM :

Position	TEAM	Score	Points
1	Fairwater	537	7
2	Chepstow	518	5.5
	Lliswerry	518	5.5
4	Parc Bryn Bach	495	4
5	Griffithstown	409	3
6	Caerleon	310	2
7	Islwyn	243	1

LADIES TEAM :

Position	TEAM	Score	Points
1	Chepstow	386	7
2	Griffithstown	351	6
3	Caerleon	335	4.5
	Lliswerry	335	4.5
5	Fairwater	312	3
6	Islwyn	215	2
7	Parc Bryn Bach	156	1