

LCL CROSS COUNTRY SERIES 2008/9 ; RACE 5/5 ; CAERLEON 8th Mar. 2009**MENS RACE RESULT :**

Race position	Number	LAST NAME	First Name	Team	Category	category position
1	194	HARVEY,	Mark	Chepstow	M1839	1
2	207	LEWIS,	Simon	Parc Bryn Bach	M4044	1
3	71	KING	Jim	Caerleon	M1839	2
4	193	BLORE	James	Chepstow	M1839	3
5	521	HUMPHRIES	Laurence	Fairwater	M1839	4
6	320	FOSTER,	John	Lliswerry	M5054	1
7	178	TEED	Ivan	Chepstow	M1839	5
8	348	SMITH,	Lee	Lliswerry	M4044	2
9	121	WARD	Pete	Chepstow	M1839	6
10	512	HARVEY	Kyle	Fairwater	M1839	7
11	678	VORRÉS	Dimitri	Griffithstown	M4549	1
12	135	LAWSON,	Mathew	Chepstow	M1839	8
13	741	JOHNSTONE,	Richard	Islwyn	M1839	9
14	221	FROST	David	Parc Bryn Bach	M4044	3
15	179	ENGLISH,	Mark	Chepstow	M1839	10
16	657	DAVIES	Steve	Griffithstown	M4549	2
17	523	ARNOLD	Jamie	Fairwater	M1839	11
18	680	WATERS	Phillip	Griffithstown	M5054	2
19	509	LLOYD,	Richard	Fairwater	M1839	12
20	218	REES,	COLIN	Parc Bryn Bach	M4549	3
21	65	THURGOOD	Mike	Caerleon	M4044	4
22	2	MASON,	Howard	Caerleon	M4044	5
23	362	JONES	Toby	Lliswerry	M1839	13
24	676	THOMPSON	Andrew	Griffithstown	M5054	3
25	504	EDWARDS	Pete	Fairwater	M1839	14
26	238	SMOUT	David	Parc Bryn Bach	M5559	1
27	230	CHAMMINGS	Martin	Parc Bryn Bach	M1839	15
28	506	SPENCER,	Andrew	Fairwater	M4549	4
29	510	WILLIAMS,	Mike David	Fairwater	M1839	16
30	163	STOTT,	Andy	Chepstow	M4549	5
31	143	MALARZ,	Luke	Chepstow	M1839	17
32	158	SAVAGE,	Bill	Chepstow	M5559	2
33	540	WILLIAMS,	Alun	Fairwater	M4549	6
34	724	WEHDEN	Kim	Islwyn	M4549	7
35	524	THOMAS	Richard	Fairwater	M1839	18
36	541	WILLIAMS,	John	Fairwater	M4044	6
37	123	GRANT,	Neil	Chepstow	M5559	3
38	30	POCKNELL	Justin	Caerleon	M1839	19
39	508	FRY,	Mark	Fairwater	M4549	8
40	254	PHILLIPS,	Brian	Parc Bryn Bach	M4549	9

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MENS RACE RESULT (cont.) :

Race position	Number	LAST NAME	First Name	Team	Category	category position
41	757	DOBBS,	Jim	Islwyn	M5559	4
42	73	DAVIES	Mike	Caerleon	M4549	10
43	235	SNOWDEN	Lawrence	Parc Bryn Bach	M4044	7
44	200	COOKSEY,	Clive	Parc Bryn Bach	M6099	1
45	101	ASHTON,	Gerry	Chepstow	M5054	4
46	675	ROBERTS	Peter	Griffithstown	M5054	5
47	213	MONK,	Bernie	Parc Bryn Bach	M6099	2
48	543	WOODS,	Garry	Fairwater	M4549	11
49	428	SUMMERS	Rob	Chepstow	M4044	8
50	55	WARD,	Robert	Caerleon	M1839	20
51	713	HICKS,	Glyn	Islwyn	M5559	5
52	339	CARTER	Clive	Lliswerry	M5054	6
53	324	HILL,	John	Lliswerry	M5559	6
54	687	THOMPSON	Stewart	Griffithstown	M4549	12
55	126	CRAM,	Geoff	Chepstow	M6099	3

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LADIES RACE RESULT :

Race position	Number	LAST NAME	First Name	Team	Category	category position
1	351	BEGUE	Nadia	Lliswerry	F1834	1
2	305	CHIPPER,	Sandra	Lliswerry	F3539	1
3	552	COCKRAM	Deb	Fairwater	F4044	1
4	227	MILES,	Jacky	Parc Bryn Bach	F5559	1
5	102	ASHTON,	Sue	Chepstow	F5054	1
6	601	BAYLISS	Emma	Griffithstown	F1834	2
7	162	STOTT	Gill	Chepstow	F5054	2
8	427	GAIR	Anthea	Chepstow	F1834	3
9	129	MORRIS,	Jan	Chepstow	F4044	2
10	603	WOODBIDGE	Daniela	Griffithstown	F3539	2
11	209	EVANS,	Anne Marie	Parc Bryn Bach	F3539	3
12	612	RICHARDS	Janet	Griffithstown	F4044	3
13	515	JENKINS,	Jeanette	Fairwater	F4549	1
14	740	BIRCH,	Coleene	Islwyn	F3539	4
15	234	SNOWDEN	Rosemary	Parc Bryn Bach	F4549	2
16	51	THOMAS	Helen	Caerleon	F4549	3
17	52	ADKINS,	Shelaga	Caerleon	F6099	1
18	625	SHEPPARD	Clare	Griffithstown	F1834	4
19	761	GLEN,	Fiona	Islwyn	F1834	5
20	756	BILLS	Sian	Islwyn	F4549	4
21	548	GREY	Laura	Fairwater	F4044	4
22	615	VORRÉS	Christine	Griffithstown	F4549	5
23	19	HOWELLS,	Gwyn	Caerleon	F5559	2
24	776	HAINES	Mandy	Islwyn	F4044	5
25	783	RICHARDSON	Pat	Islwyn	F5559	3
26	430	BONSOR	Jane	Chepstow	F3539	5
27	429	RYMER	Jane	Chepstow	F4044	6
28	302	FORSEY,	Yvonne	Lliswerry	F5054	3
29	29	MODDINOTT	Paula	Caerleon	F1834	6

MENS TEAM :

Position	TEAM	Score	Points
1	Chepstow	558	7
2	Fairwater	502	6
3	Parc Bryn Bach	477	5
4	Griffithstown	437	4
5	Caerleon	430	3
6	Lliswerry	363	2
7	Islwyn	265	1

LADIES TEAM :

Position	TEAM	Score	Points
1	Chepstow	375	7
2	Griffithstown	358	6
3	Islwyn	327	5
4	Caerleon	319	4
5	Parc Bryn Bach	273	3
6	Lliswerry	272	2
7	Fairwater	266	1