

Finish Position	Name	Actual Run Time	Run Time Place
<b>1</b>	Ricci Watts	00:40:40	13
<b>2</b>	Peter Edwards	00:41:54	19
<b>3</b>	Dimitri Vorres	00:35:05	4
4	Laurence Humphries	00:33:14	<b>2</b>
5	Rhys Thomas	00:41:58	20
6	Rob Symons	00:40:02	10
7	Anthony Phillips	00:51:11	34
8	Richard Bowie	00:41:45	18
9	Mark Jennings	00:31:46	<b>1</b>
10	Martyn Jenkins	00:41:37	17
11	Steve Davies	00:35:32	5
12	Dafydd Lambeth	00:35:45	6
13	Stella Symons	00:51:21	35
14	Keith Langley	00:43:23	22
15	Gary Adams	00:41:25	16
16	Daryll Barnby	00:34:46	<b>3</b>
17	Kay Morgan	00:57:08	45
18	Andrew Dickens	00:37:13	7
19	Matthew Lloyd	00:40:38	12
20	Steve Morgan	00:44:21	24
21	Julie Roche	00:47:30	27
22	Paul Donovan	00:39:50	8
23	Calum Symons	00:43:55	23
24	Louise Summers	00:39:57	9
25	Dave Timson	00:49:04	31
26	Roger Mills	00:40:14	11
27	Matthew Collins	no run time	did not run at race pace
28	Angela Jones	00:41:24	15
29	Julie Lees	00:47:33	29
30	Sharon Woods	00:44:42	25
31	Adrian Woods	no run time	did not run at race pace
32	Jon Williams	00:41:20	14
33	Jeanette Jenkins	00:51:08	33
34	Sheree Mann	00:59:39	47
35	Louise Bright	00:48:45	30
36	Adrian Gwilliam	00:42:46	21
37	Stewart Thompson	00:46:33	26
38	Carl Roberts	00:53:29	40
39	Garry Woods	00:49:18	32
40	Glyn Hicks	00:52:07	37
41	Coleen Birch	00:52:08	38
42	Nadine Donovan	00:54:08	41
43	Lee Durkee	00:54:34	44
44	Emma Morgan	00:51:52	36
45	Richard Thomas	00:47:30	28
46	Jackie Lambeth	00:54:19	42
47	Christine Vorres	01:01:46	48
48	Darren Samuel	00:52:18	39
49	Janet Richards	00:54:32	43
50	Beckie Reynolds	00:58:14	46